

2025 WINTER RECREATION PROGRAMS & EVENTS



PORT 
HAWKESBURY

Opportunities Await

TOWNOFPORTHAWKESBURY.CA
902-625-2594 · 902-625-2591 

WINTER RECREATION PROGRAMS AND EVENTS

To register for any of the listed programs please visit www.townofporthawkesbury.ca/recreation and click on the link sign up/sign in.

Registration will begin Monday, January 13 at 10:00am
For more information email recreation@townofph.ca

YOGA FOR ALL LEVELS

Find your flow in this inclusive yoga class designed for everyone. Build strength, improve flexibility, and reduce stress with guided poses and breathing exercises. Bring your mat and an open mind—perfect for anyone looking to stretch, strengthen, and relax!

Wednesdays for 6 weeks beginning Jan 29

Time: 6:00pm – 7:00pm

Location: Port Hawkesbury Civic Centre

Fee: \$50 per person

Drop-in fee: \$10 per person

CHAIR YOGA

Tuesdays and Thursdays for 6 weeks beginning February 4 to March 13

Time: 11:00am

Location: Port Hawkesbury Civic Centre

Fee: \$40 per person

Instructor: Mary MacKay



J. FRANKLIN WRIGHT ART GALLERY



Show: Colour and Form by Sean Benton

January 9 – February 28

“Colour and Form are two elements of Fine Art. These two elements make up all my work and are the basis for the University classes I teach. When I was first taught the extent of what you could do with them is when I first fell in love with painting. I knew I wanted to make it my career to show others how to use them. While the title is simple, to me they are the foundation of my work, my classes, and mean everything.”

– Sean Benton

PORT HAWKESBURY MULTI-SPORT

All sessions will be facilitated by recreation program leaders and/or community sport organizations. Each lesson focusses on developing physical literacy through skill development and fun, setting the groundwork for a love of sport and an “I can play anything!” attitude.

Ages: 4 – 6 years

Fee: \$50 per person

SCHEDULE (SUNDAYS):

SKATING

Feb 2, 16 & March 2

Time: 5:00pm – 6:00pm

Location: Port Hawkesbury Civic Centre

BASEBALL

March 16, 23 & 30

Time: 4:00pm – 5:00pm

Location: SAERC Gym

BASKETBALL

April 6, 13 & 27

Time: 4:00pm – 5:00pm

Location: SAERC Gym



SOCCER

May 4, 11 & 25

Time: 4:00pm – 5:00pm

Location: SAERC Gym

YOUTH LEARN TO SKATE

Mondays beginning January 20 for 6 weeks (no class February 17)

Time: 4:00pm – 5:00pm

Location: Port Hawkesbury Civic Centre

Ages: 5 – 11

Fee: \$60 per person

Instructed by: Beth Chiasson



YOUTH LEARN TO PLAY HOCKEY

Puck handling, shooting, passing, skating

Fridays beginning January 31 for 5 weeks

Time: 4:00pm – 5:00pm

Location: Port Hawkesbury Civic Centre

Ages: 4 – 11

Fee: \$55 per person

Instructed by: Beth Chiasson

***Full gear is required**



DANCE CLASSES

Mondays for 6 weeks beginning January 20 (no class on Monday, Feb 17) & Fridays for 6 weeks beginning January 24
Location: Port Hawkesbury Civic Centre
Fee: \$50 per person



JAZZ

Based in ballet principals, Jazz is an upbeat lively form of dance involving jumps, turns and flexibility. In this class, we will learn introductory basics, like pointing our toes, and have fun while doing it!

Mondays (beginning January 20, no class on February 17)
Ages: All ages
Time: 5:30-6:00pm

HIP HOP

Hip hop dance is based off of hip hop music. In this class we will learn the introductory basics to hip hop dancing and break dancing.

Mondays (beginning January 20, no class on February 17)
Times: Ages 4 - 5 years: 4:30 - 5:00pm
Ages 6 - 7 years: 5:00 - 5:30pm
Ages 8+: 6:00 - 6:30pm
Teen Hip Hop: 6:30-7:00pm



BALLET

Introduction to the basics of recreational ballet. Great way to engage in the basics of ballet technique in a fun environment.

Fridays (beginning January 24)
Times: Ages 4 - 5 years: 4:30 - 5:00pm
Ages 6 - 7 years: 5:00 - 5:30pm
Age 8+: 6:00 - 6:30pm

TAP

Introduction to the basics of tap dancing. Tap shoes strongly encouraged. Second hand shoes will be available for sale. Great for learning basic rhythm and coordination.

Fridays (beginning January 24)
Ages: All ages
Times: 5:30 - 6:00pm

ADULT BASKETBALL

Monday and Thursday
Time: 7:00pm - 9:00pm
Ages: 18 and up
Location: SAERC Gym
Fee: Free



For more information please contact:
dylan_macdonald_399@hotmail.com

ADULT PICKLEBALL

Wednesday & Friday
Time: 7:00pm - 9:00pm
Ages: 18 and up
Location: SAERC Gym
Fee: Free

To register please visit www.playtimescheduler.ca



CODE ACADEMY

When kids learn to code and create their own games, they are the creators, rather than just the user of someone else's creation. It is an excellent skill for technology loving kids that requires problem solving, multitasking, creativity and storytelling.

Location: SAERC Room 356
Ages: 9-13 years

LEVEL 1: HOUR OF CODE & SCRATCH FOR BEGINNERS

After completing this class, students will be able to use their scratch account and the knowledge that they have gained to continue making their own creations. Participants will learn the basics of Scratch such as:

- What is a Sprite?
- How to make your character move side to side
- How to make your character jump
- How to change the background of your game
- How to add music and sound effects

Prerequisite: None
January 20 & 27
Time: 3:45-5:00pm
Fee: \$20 per person



LEVEL 2: VIDEO GAME CODING CLUB

Students will build concepts introduced in Code Academy Level 1, including variables, operators and events. They will learn more in depth development of messages, controls and effects for their Sprites.

Prerequisite: Completion of Code Academy Level 1
February 3, 10 & 24
Time: 3:45-5:00pm
Fee: \$30 per person

LEVEL 3 AND 3+ (CODE ACADEMY GRADUATES): SOUND AND GAME DESIGN

Students will be introduced to extensions and guided through the process of developing their dream game with tips and tricks to improve the coding scripts.

Prerequisite: Completion of Code Academy Level 2
March 17, 24 & 31
Time: 3:45-5:00pm
Fee: \$30 per person



LADIES BASKETBALL

Tuesday
Time: 7:00pm - 9:00pm
Ages: 18 and up
Location: TEC Gym
Fee: Free



SMALL ROOTS – SENSORY PLAY SESSIONS



LITTLE EXPLORERS

These engaging, fun sessions will have different areas such as a messy play area, construction area, small world area and an art area. It will be fun watching these young explorers engage, play, discover and learn about the environment. There will be open exploratory areas for children to freely explore with their parents and caregivers. Each week will have a theme to reflect children's interests, abilities and seasons or holidays during that month.

Thursdays for 6 weeks beginning January 30

Time: 9:30am - 10:30am

Ages: 2 years - 4 years

Fee: \$60 per person

MESSY PLAY AND MOVEMENT

Sensory messy play provides babies and toddlers with an exciting tactile and sensory experience that inspires their curiosity, allows them to explore the world around them and enhances their learning and development. The sessions will have baby safe friendly materials, textures and areas. There will be about 3 different areas where your baby can explore which will be open exploratory areas where your baby can take the lead and let you know what they are curious about or not and move on to another area. It is so much fun observing these young explorers engage, play, discover and learn about the environment. This time is for the babies to get messy with their parents or caregivers and leave the mess behind!

Thursdays for 6 weeks beginning January 30

Time: 11:30am - 12:30pm

Ages: 6 months - 23 months

Fee: \$60 per person

UPCOMING MUSIC AND COMEDY EVENTS



TRENT MCCLELLAN OF 22 MINUTES

Saturday, January 25

Time: 8:00pm

Location: SAERC Auditorium

To purchase tickets please visit
www.phcivic.com or call 902-625-2591



SWIFT KICK – TAYLOR SWIFT TRIBUTE

Saturday, February 15

Time: 6:00pm

Location: SAERC Auditorium

To purchase tickets please visit
www.phcivic.com or call 902-625-2591



MATT MINGLEWOOD BAND

Saturday, February 22

Time: 8:00pm

Location: Port Hawkesbury Civic Centre

To purchase tickets please visit
www.phcivic.com or call 902-625-2591



SHAUN MAJUMDER: COOL DAD TOUR

Friday, May 2

Time: 7:30pm

Location: Port Hawkesbury Civic Centre

To purchase tickets visit:
www.tixr.com/groups/pegentertainment



THE FABULOUSLY RICH: THE TRAGICALLY HIP TRIBUTE

Saturday, May 24

Time: 8:00pm

Location: Port Hawkesbury Civic Centre

To purchase tickets please visit
www.phcivic.com or call 902-625-2591



SPRING ROLL COOKING CLASS

Saturday, January 25

Time: 2:00pm - 4:00pm

Ages: 19 and up

Locations: Port Hawkesbury Civic Centre

Lead by: NSCC Enactus Team SOCS
(Students Offering Social Connection)

Fee: \$25 per person

All supplies included



HERITAGE ON A PLATE: EXPLORING AFRICAN CUISINES

Saturday, February 8

Time: 2:00pm - 5:00pm

Ages: 19 and up

Locations: Port Hawkesbury Civic Centre

Lead by: NSCC Enactus Team SOCS
(Students Offering Social Connection)

Fee: \$30 per person

All supplies included



PUBLIC SKATE SCHEDULE

CSA Helmets are required for any on ice activity

PARENT AND TOT SKATING

Monday – Friday

Time: 10:00am – 11:00am

Fee: \$2 per person



SENIOR/ADULT SKATING

Monday – Friday

Time: 12:00pm – 2:00pm

Fee: \$3 per person

AFTER SCHOOL SKATING

Monday, Wednesday and Friday

Time: 3:00–3:50pm

Fee: \$1 per person

Please note that last minute changes may occur.

Please check our website at www.phcivic.com or Facebook page (phcivic) for any ice time or scheduling changes.



FREE SNOWSHOE LOAN PROGRAM

The Town of Port Hawkesbury has a limited number of snowshoes available to borrow. For more information or to book snowshoes please call 902-625-2594 or email recreation@townofph.ca.



MEMBERSHIPS

INCLUDES LANE AND PUBLIC SWIMS

	Senior/Student	Adult	Family
10 Punch Pass	\$65	\$72.50	
20 Punch Pass	\$120	\$140	
Full Season	\$185	\$305	\$740

BIRTHDAY PARTIES

There are limited times available for birthday parties on Saturdays and Sundays. The Inflatable Obstacle Course is available for parties one Sunday per month. Please call 902-625-2594 for more information.

PARTY RATES:

Less than 20 people – \$150

More than 20 people – \$175

Inflatable Obstacle Course Party – \$225

A deposit is required at the time of booking.

FOR ALL OTHER POOL INQUIRIES, PLEASE CALL 902-625-2594

PUBLIC SWIM FEES

5 years and under: Free **Adult:** \$8

Students & Seniors: \$7 **Family:** \$20

Parent and Tot: \$8 **Lane Swim:** \$8

Children under 12 years old must be accompanied by and adult. Children 5 years and younger must have an adult in the water at all times.



WATER AWARENESS AND BASIC SWIMMING SKILLS FOR INDIVIDUALS WITH AUTISM SPECTRUM DISORDER



Tuesdays for 8 weeks beginning January 23

Time: 4:30pm–5:00pm

Location: Strait Area Pool

Fee: \$70 per person

STRAIT AREA POOL SWIMMING LESSONS & HEALTHY LIFESTYLE

PROGRAM Once a week for 9 weeks	WEDNESDAYS January 22 – March 26	THURSDAYS January 23 – March 27
Parent and Tot 1	5:30–6:00pm	
Parent and Tot 2		9:30–10:00am
Parent and Tot 3		
Preschool 1		9:00–9:30am
Preschool 2		
Preschool 3	3:30–4:00pm	
Preschool 4* <small>P3 is a required for P4</small>	6:00–6:30pm	
Preschool 5* <small>P4 is a required for P5</small>	4:00–4:30pm	
Swimmer 1	4:30–5:00pm 6:30–7:00pm	
Swimmer 2	5:00–5:45pm	
Swimmer 3	3:30–4:30pm	
Swimmer 4	3:30–4:30pm	
Swimmer 5		
Swimmer 6	4:30–5:30pm	
Rookie Patrol Level 7		
Ranger Patrol Level 8		
Star Patrol Level 9		
Bronze Star		
Adult 1	11:00–12:00noon	
Fitness Swim Tuesdays @ 7:30–8:30pm		

FRIDAYS January 24 – March 28	SATURDAYS January 25 – March 29
	11:30–12:00pm
4:30–5:00pm	
3:30–4:00pm	10:00–10:30am
6:00–6:30pm 4:00–4:30pm	9:30–10:00am 11:00–11:30am
5:00–5:30pm	
	10:30–11:00am
6:30–7:00pm	
3:30–4:00pm 4:30–5:00pm 7:00–7:30pm	9:00–9:30am 11:00–11:30am 11:30–12:00pm
4:00–4:45pm • 5:00–5:45pm 5:30–6:15pm	11:00–11:45am 10:00–10:45am
5:00–6:00pm	9:00–10:00am
4:00–5:00pm	10:00–11:00am
3:30–4:30pm	9:00–10:00am
6:30–7:30pm	
6:00–7:00pm	
6:00–7:15pm	
6:00–7:15pm	
6:00–7:15pm	

**REGISTRATION BEGINS:
MONDAY JANUARY 13 @ 10AM**
www.townofporthawkesbury.ca/recreation

Parent and Tot 1, 2, 3 <small>3 months to 3 years</small>	\$65
Preschool 1, 2, 3, 4, 5 <small>3 to 5 years</small>	\$80
Swimmer 1, 2 <small>5 to 12 years</small>	\$90
Swimmer 3, 4, 5, 6 <small>5 to 12 years</small>	\$95
Rookie, Ranger, Star Patrol	\$100
Bronze Star	\$100
Fitness Swim	\$100
Adult 1	\$100

Classes will not run with less than 3 registered participants. All programs and schedules are weather permitting and are subject to change. Please check our website at: www.townofporthawkesbury.ca, our Facebook page: www.facebook.com/TownOfPortHawkesbury, or call our reception desk: 902-625-2594 for schedule confirmation.

In the event of a cancellation for any reason, make up classes will be conducted where possible. Refunds will only be given with a medical note.

WATER EXERCISE: \$8 DROP-IN RATE

Exercise against the resistant of the water.

This workout is refreshing and enjoyable.

DAYTIME: Time: Tuesdays & Thursdays 11:00 – 12:00noon

Classes begin January 21, 2025

EVENING: Time: Tuesdays & Thursdays 6:30 – 7:30pm

Classes begin January 14, 2025

WATER FITNESS: \$8 DROP-IN RATE

This program is designed for those who have arthritis, back ailments or just starting back into a fitness program.

Tuesdays & Thursdays 1:00 – 2:00pm

Classes begin January 21, 2024

WATER EXERCISE/FITNESS RATES

SENIOR: 55 years and older

Punch card (10 pass): \$65 · Punch card (20 pass): \$120

ADULT: Less than 55 years old

Punch card (10 pass): \$72.50 · Punch card (20 pass): \$140

FITNESS SWIM

For intermediate + swimmers looking to challenge themselves in the water. A little bit swim club, a little bit stroke improvement, this class will help you achieve your fitness goals. Swimming is a low-impact, complementary activity for many sports, improving your mobility and cardiovascular health. In addition to swimming, learn about stretching, warmups and pace clocks.

* Participants over 30 years of age are recommended to consult with a doctor before enrolling.

SWIM SCHEDULE

BEGINNING JANUARY 21, 2025



TUESDAY

11:00am-12:00pm	Water Exercise
12:00pm-1:00pm	Public Swim
1:00pm-2:00pm	Water Fitness
2:30pm-3:30pm	Lane Swim
3:30pm-4:30pm	After School Swim
6:30pm-7:30pm	Water Exercise
7:30pm-8:30pm	Lane Swim

WEDNESDAY

11:00am-12:00pm	Pre-School Swim
12:00noon-1:00pm	Public Swim
1:00pm-2:00pm	Senior Swim
2:30pm-3:30pm	Lane Swim
7:00pm-8:00pm	Public Swim

THURSDAY

11:00am-12:00pm	Water Exercise
12:00noon-1:00pm	Public Swim
1:00pm-2:00pm	Water Fitness
2:30pm-3:30pm	Lane Swim
3:30pm-4:30pm	After School Swim
6:30pm-7:30pm	Water Exercise

FRIDAY

11:00am-12:00noon	Preschool Swim
12:00noon-1:00pm	Public Swim
1:00pm-2:00pm	Senior Swim
2:30pm-3:30pm	Lane Swim
7:30pm-8:30pm	Public Swim

SATURDAY

10:00am-11:00am	Adult Swim
12:00noon-1:00pm	Public Swim

SUNDAY

12:00noon-1:00pm	Public Swim*
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The following Sundays will have the Inflatable Obstacle Course at the Public Swim:

January 26 · February 23 · March 30 · April 27 · May 25

Children under 12 years old must be accompanied by an adult.
Children 5 years and younger must have an adult in the water at all times.

Pool/Inquiries: 902-625-2594