

2026 SPRING RECREATION & AQUATICS



PORT
HAWKESBURY

Opportunities Await

TOWNOFPORTHAWKESBURY.CA

902-625-2594 · 902-625-2591 

SPRING RECREATION PROGRAMS & EVENTS



To register for any of the listed programs please visit www.townofporthawkesbury.ca/recreation and click on the link Register/Login.

Registration for Aquatics Programs: April 7 at 10am
Registration for Recreation Programs: April 7 at 10am

For more information: cgillis@townofph.ca
Port Hawkesbury Civic Centre: 902-625-2591
Strait Area Pool: 902-625-2594

Big and Busy Playtime

Create your own fun games to play during the program and take home to enjoy later! Please bring a lunch.

Saturday, June 6

Time: 9:00am – 1:00pm

Location: Port Hawkesbury Civic Centre

Ages: 5-10 years

Fee: \$20 per person

Instructed by: Priscilla Pitre



Dance Classes

Wednesdays for 6 weeks beginning May 6

Port Hawkesbury Civic Centre

Lead by: Charlee Wiebe

Fee: \$50 per person for 30 minute class / \$65 per person for 45 minutes class

Ballet

Introduction to the basics of recreational ballet. Great way to engage in the basics of ballet technique in a fun environment.

Ages 4 – 5 years: 4:30 – 5:00pm

Ages 6 – 8 years: 5:30 – 6:00pm

Ages 9-14 years: 5:45 – 6:30pm *(Instructed by Amaya Benoit)*

Hip Hop Dance

“Hip hop dance is based off of hip hop music. In this class we will learn the introductory basics to hip hop dancing and break dancing.”

Ages 4 – 5 years: 5:00 – 5:30pm

Ages 6 – 8 years: 6:00 – 6:30pm

Ages 9 – 14 years: 6:30 – 7:15pm

Jazz

“Beginner jazz dance classes exploring rhythm, musicality, and basic jazz dance technique”

Ages 9 – 14 years: 5-5:45pm *(Instructed by Amaya Benoit)*



Youth Basketball Program (Ages 7-10)

Our Youth Basketball Program introduces boys and girls ages 7-10 to the fundamentals of basketball in a fun, supportive, and active environment. Players will learn basic skills such as dribbling, passing, shooting, and teamwork through engaging drills and small games. The program is divided into two sessions: one for boys and one for girls, allowing participants to build confidence, develop their skills, and enjoy the game with their peers. No previous basketball experience is required—just bring energy and a positive attitude!

Tuesdays for 7 weeks beginning April 14

Location: Tamarac Education Centre

Boys: 5:00-6:00pm • Girls: 6:00-7:00pm

Fee: \$60 per person

Beginner Highland Dance for Kids!

Highland dance is a traditional Scottish style of dance known for its energetic steps and lively music.

Join us for a fun introduction where kids will learn basic movements and try this exciting style of dance. No previous dance experience is required!

6-week session on Tuesdays beginning May 12

Ages 4-6: 5:00-5:30pm • Fee: \$50

Ages 7-12: 5:45-6:30pm • Fee: \$60

Location: Port Hawkesbury Civic Centre

Instructor: Emma Carrigan



Inclusive “Try-It” Basketball

PowerPlay will host 4 inclusive “Try-It” Basketball sessions in a sensory-friendly setting with small group sizes. These sessions are designed for individuals who benefit from additional support while learning and enjoying basketball.

Dates: May 3, 10, 17 and 24 • Time: 3:00 – 4:00pm

SAERC Gym • Fee: \$20 per person

Ages: 5 and up (children, teens and adults welcome)

Inclusive “Try-It” Track and Field

PowerPlay will host 4 inclusive “Try-It” Track & Field sessions. These sessions are designed for individuals who benefit from additional support, offering a sensory-friendly environment with a small number of participants while exploring running, jumping, and throwing activities.

Dates: May 31, June 7, 14 and 21 • Time: 3:00 – 4:00pm

Tamarac Education Centre • Fee: \$20 per person

Ages: 5 and up (children, teens and adults welcome)



Chair Yoga

Tuesdays and Thursday for 6 weeks beginning May 12
11:00am – 12:00pm • Instructed by Mary MacKay
Port Hawkesbury Civic Centre • \$40 per person

Adult Beginner Step Dance

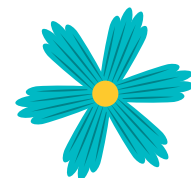


Thursdays for 6 weeks beginning April 23
Ages 16 and up • 5:30pm – 6:15pm
Port Hawkesbury Civic Centre
Lead by: Cheryl MacQuarrie • Fee: \$50 per person

Stepperoff' A Size

Stepperoff' A Size is an exercise program that was created using traditional Cape Breton step dancing. It is a series of repetitive routines that are easy to catch on to. You won't even realize you're exercising! It works for everyone as you can make it as easy or as difficult as you like. And the music is so motivating you won't want to stop!

Thursdays for 6 weeks beginning April 23
6:30pm – 7:30pm
Port Hawkesbury Civic Centre
Lead by: Cheryl MacQuarrie
Fee: \$60 per person



Gentle Yoga for Beginners

This class is designed for those new to yoga or anyone looking for a slower-paced practice. With a focus on relaxation, mindful movement and slow, gentle stretches, you'll learn foundational poses that release tension, and improve flexibility. Perfect for easing stress and finding calm, this class invites you to move at your own pace in a supportive, welcoming environment.

Tuesdays for 7 weeks beginning April 14
5:30pm – 6:30pm
Location: Port Hawkesbury Civic Centre
Lead by: Rachel Kuramoto
Fee: \$55.00 for all sessions • Drop in fee: \$10 per session

Introduction to Stand Up Paddle Boarding

Paddle Canada Flat Water SUP Level 1 Certification Course

This introductory course is great for those new to SUP, tried it a few times or wanting to paddle more effectively. This 3-hour Introductory SUP course will give you everything you need to learn about paddle board equipment, weather and conditions, paddle strokes, and water safety.

Paddle Canada Flat Water SUP Level 2 Certification Course – PREREQUISITE IS LEVEL 1

This course progresses from the paddle skills learnt in Level 1 to help you paddle farther, paddle faster, and in more variable conditions. Great course for those looking to increase their paddle time on the water. This certification may be required for those looking to deliver SUP programs such as intro SUP classes, community paddles, teach SUP yoga or pursue additional specialized Paddle Canada SUP certifications.

Level 1 & 2

Combination Course

Saturday, May 9th
12:00pm – 6:00pm
Strait Area Pool
Ages: 16 and up
Fee: \$60 per person



Level 1 Course

3 Hours

Sunday, May 10th
9:00am – 12:00pm or 1:00 – 4:00pm
Ages: 12 and up
Fee: \$30 per person





Jeff Leeson

Only Gonna Say This Once Comedy Tour

Friday, June 5th • 8:00pm

Location: Bear Head Conference Room

Internationally touring comedian Jeff Leeson comes to Port Hawkesbury for a night of Live stand up comedy you will NEVER forget! With over 25 years experience touring North America and over 100 Million views online, find out why this is definitely one show you absolutely do not want to miss!

For more information or to purchase tickets please visit: purchase.phcivic.com or call 902-625-2591



The Barra MacNeils

40th Anniversary Tour

Saturday, May 23rd • 7:30pm

Location: SAERC Auditorium

Tickets at: purchase.phcivic.com

J. Franklin Wright Art Gallery

Student Art Exhibit

SAERC and Richmond Education Centre Academy
May – June, 2026

J. Franklin Wright Gallery Presents "The Art of Conversation"

By Shannon Carla King
Now Exhibiting
606 Reeves St. Port Hawkesbury



Adult Paint Night Events



Step-by-step instruction provided. Beginners welcome!

Instructed by: Patti David

Fee: \$25 per person (all supplies included)

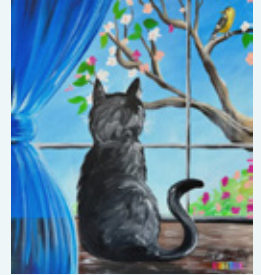


Tuesday, April 28

Port Hawkesbury Civic Centre
Arts and Crafts Room
7:00-9:00pm

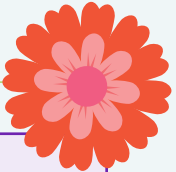
Tuesday, May 19

Port Hawkesbury Civic Centre
Arts and Crafts Room
7:00-9:00pm



Tuesday, June 9

Port Hawkesbury Civic Centre
Arts and Crafts Room
7:00-9:00pm



Registration for Strait Area Minor Baseball's summer season will open in May.

For more information please contact 902-631-4723 or visit the **Strait Area Minor Baseball Facebook page**.

Registration for the Strait Area Soccer Club's summer season will open in April.

For more information, visit: facebook.com/StraitAreaSoccerClub or connect by email at straitareasoccerclub@gmail.com

Granville Green

Live Music SUNDAYS 7pm
July 5-August 9, 2026

Granville Green Bandshell
Port Hawkesbury NS

www.granvillegreen.ca
[@granvillegreench](https://twitter.com/granvillegreench)
Info:
afarrow@townofph.ca





Memberships

INCLUDES LANE AND PUBLIC SWIMS

	Senior/Student	Adult	Family
Full Season	\$180	\$305	\$740

Birthday Parties



There are limited times available for birthday parties on Saturdays and Sundays. The Inflatable Obstacle Course is available for parties one Sunday per month. Please call 902-625-2594 for more information.

Party Rates:
Less than 20 people
\$150

More than 20 people
\$175

Inflatable Obstacle
Course Party
\$225



FOR ALL OTHER POOL INQUIRIES, PLEASE CALL 902-625-2594

Public Swim Fees

5 years and under: Free* Adult: \$8

Students & Seniors: \$7 Family of Four: \$20

Parent and Tot: \$8 Lane Swim: \$8

*must be accompanied by Person age 13 or older in water, within arms reach

Residential Curbside Clean-Up

Monday, May 11th – There will be ONLY ONE COLLECTION per residence during the week of May 11-15, 2026. DO NOT place material curbside before Monday, May 4th in accordance with Section 8.0 of the Solid Waste Management By-law. Residents may be subject to penalty.

Community Litter Clean-Up Contest

Calling all groups, organizations, and individuals! We challenge you to gather some friends, co-workers, teammates, etc to clean an area of the Town between May 1st and June 1st. Stop by the Port Hawkesbury Civic Centre to pick up some bags, gloves and a treat. **Send a photo of yourself and/or your group to recreation@townofph.ca for a chance to win a prize.**

Adult Basketball

Ages 18 and up
Monday and Wednesday Evenings
at the SAERC Gym
7:00pm-9:00pm · Fee: Free
For more information please contact:
dylan_macdonald_399@hotmail.com



Adult Pickleball

Monday and Tuesday Evenings at TEC Gym
Friday Evenings at SAERC Gym
7:00pm-9:00pm · Fee: Free
To register please visit www.playtimescheduler.com

Ladies Drop-In Basketball

Ages 18 and up
Thursday Evenings at SAERC Gym
7:00pm-9:00pm
Fee: Free



2026 Strait Area Pool Swimming Lessons & Healthy Lifestyle

PROGRAM Once a week for 9 weeks	TUESDAYS April 21-June 16	WEDNESDAYS April 22-June 17
Parent and Tot 1		9:30 - 10:00am
Parent and Tot 2		9:00 - 9:30am
Parent and Tot 3	4:00 - 4:30pm	
Preschool 1	5:30 - 6:00pm	
Preschool 2	3:30 - 4:00pm	5:30 - 6:00pm
Preschool 3	4:30 - 5:00pm	3:30 - 4:00pm
Preschool 4* <i>P3 is required for P4</i>	5:00 - 5:30pm	5:30 - 6:00pm
Preschool 5* <i>P4 is required for P5</i>	4:30 - 5:00pm	5:00 - 5:30pm
Swimmer 1+ (ages 8-12)	6:30 - 7:00pm	
Swimmer 1	5:00 - 5:30pm	6:00 - 6:30pm
Swimmer 2+ (ages 8-12)	3:30 - 4:15pm	
Swimmer 2	6:15 - 7:00pm	3:30 - 4:15pm
Swimmer 3	4:00 - 5:00pm	
Swimmer 4		4:30 - 5:30pm
Swimmer 5		4:30 - 5:30pm
Swimmer 6		4:00 - 5:00pm
Swimmer 7 (Rookie)		3:30 - 4:30pm
Swimmer 8 (Ranger)		
Swimmer 9 (Star)		
Adult 1 (Beginner)		
Adult 2 (Intermediate)		

THURSDAYS April 23-June 18	FRIDAYS April 24-June 19	SATURDAYS April 25-June 20
		10:30 - 11:00am
5:30 - 6:00pm	4:00 - 4:30pm	9:00 - 9:30am
6:30 - 7:00pm	4:30 - 5:00pm	11:30 - 12:00noon
5:30 - 6:00pm	5:00 - 5:30pm	11:15 - 11:45am
6:00 - 6:30pm	6:30 - 7:00pm	9:00 - 9:30am
6:30 - 7:00pm	3:30 - 4:00pm	11:00 - 11:30am
	4:00 - 4:30pm	
6:00 - 6:30pm or 6:30 - 7:00pm	3:30 - 4:00pm or 5:30 - 6:00pm	11:00 - 12:00noon
5:30 - 6:15pm	6:30 - 7:15pm	9:30 - 10:15am or 11:00 - 11:45am
3:30 - 4:30pm or 4:30 - 5:30pm	4:30 - 5:30pm	10:30 - 11:30am
3:30 - 4:30pm or 4:30 - 5:30pm	6:15 - 7:15pm	9:30 - 10:30am
4:30 - 5:30pm	5:30 - 6:30pm	10:15 - 11:15am
	4:30 - 5:30pm	9:30 - 10:30am
3:30 - 4:30pm	5:30 - 6:30pm	
3:30 - 4:30pm	5:30 - 6:30pm	
		10:00 - 11:00am
		9:00 - 10:00am

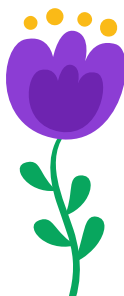
Registration begins Tuesday April 7

www.townofporthawkesbury.ca/recreation

Parent and Tot 1, 2, 3	\$70
Preschool 1, 2, 3, 4, 5	\$85
Swimmer 1, 1+, 2, 2+	\$95
Swimmer 3, 4, 5, 6	\$100
Rookie, Ranger, Star Patrol	\$105
Adult 1 & 2	\$105

Classes will not run with less than 3 registered participants. All programs and schedules are weather permitting and are subject to change. Please check our website at: www.townofporthawkesbury.ca, our Facebook page: www.facebook.com/TownOfPortHawkesbury, or call our reception desk: 902-625-2594 for schedule confirmation.

In the event of a cancellation for any reason, make up classes will be conducted where possible. Refunds will only be given with a medical note.



Daytime Water Exercise: \$8 drop-in rate

Exercise against the resistance of the water.

This workout is refreshing and enjoyable.

Tuesdays & Thursdays: 11:00am - 12:00noon

Classes begin April 20, 2026



Water Fitness: \$8 drop-in rate

This program is designed for those who have arthritis, back ailments or just starting back into a fitness program.

Tuesdays & Thursdays: 1:00pm - 2:00pm

Classes begin April 20, 2026

Evening Water Exercise: \$8 drop-in rate

Ongoing from winter session

Tuesdays: 6:30-7:30pm and Wednesdays: 7:00-8:00

Water Exercise/Fitness Rates

Punch card can be used for water exercise/fitness, public swims or lane swims.

SENIOR/STUDENT: 55 years and older

Punch card (10 pass): \$65.00 · Punch card (20 pass): \$120.00

ADULT: Less than 55 years old

Punch card (10 pass): \$72.50 · Punch card (20 pass): \$140.00

Pool Schedule

BEGINNING SATURDAY APRIL 18, 2026



MONDAY

3:30pm-4:30pm	After School Swim
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TUESDAY

11:00am-12:00noon	Water Exercise
12:00noon-1:00pm	Public Swim
1:00pm-2:00pm	Water Fitness
2:30pm-3:30pm	Lane Swim
6:30pm-7:30pm	Water Exercise
7:30pm-8:30pm	Public Swim

WEDNESDAY

11:00am-12:00noon	Parent & Tot Swim
12:00noon-1:00pm	Public Swim
1:00pm-2:00pm	Senior Swim
2:30pm-3:30pm	Lane Swim
7:00pm-8:00pm	Water Exercise
8:00pm-9:00pm	Public/Lane Swim

THURSDAY

11:00am-12:00noon	Water Exercise
12:00noon-1:00pm	Public Swim
1:00pm-2:00pm	Water Fitness
2:30pm-3:30pm	Lane Swim
3:30pm-4:30pm	After School Swim (shared)
8:00pm-9:00pm	Public Swim

FRIDAY

11:00am-12:00noon	Parent & Tot Swim
12:00noon-1:00pm	Public Swim
1:00pm-2:00pm	Senior Swim
2:30pm-3:30pm	Lane Swim
7:30pm-8:30pm	Public Swim

SATURDAY

12:00noon-1:00pm	Public Swim
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SUNDAY

12:00noon-1:00pm	Public Swim*
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The following Sundays will have the Inflatable Obstacle Course at the Public Swim:

April 19 · April 26 · May 31 · June 28

(please register to guarantee a spot, as space is limited)

Children under 12 years old must be accompanied by an adult.
Children 5 years and younger must have an adult in the water at all times.

Pool/Inquiries: 902-625-2594

