

IF YOUR CHILD...	REGISTER IN:
Is 4 to 12 months old and ready to learn to enjoy the water with a parent...	Parent & Tot 1
Is 12 to 24 months old and ready to learn to enjoy the water with a parent...	Parent & Tot 2
Is 2 to 3 years old and ready to learn to enjoy the water with a parent...	Parent & Tot 3
Is 3 to 5 years and just starting out on their own	Preschool 1
Can get in and out and jump into chest-deep water assisted; float and glide on front and back; blow bubbles and get face wet...	Preschool 2
Can jump into chest deep water assisted; float and glide on front and back; blow bubbles and get face wet...	Preschool 3
Can jump into deep water wearing a lifejacket; recover objects from the bottom; hold breath underwater; float; glide and kick on front and back...	Preschool 4
Can do solo jumps into deep water; swim front crawl 5 meters wearing lifejacket and flutter kick on front, back and side...	Preschool 5
Is 5 to 12 years and just starting out...	Swimmer 1
Can jump into chest-deep water by themselves and into deep-water wearing a lifejacket; open eyes, hold breath, and exhale underwater, float, kick and glide on front and back...	Swimmer 2
Can jump into deep water and do a sideways entry wearing a lifejacket; support self at the surface for 15 sec; do whip kick in vertical position; and swim 10 meters on front and back...	Swimmer 3
Can tread water for 30 seconds; do kneeling dives and front somersaults; 10 meter whip kick; and swim 15 meters front crawl and back crawl...	Swimmer 4
Can complete the Canadian Swim to Survive Standard: Roll - Tread(1 min,) - Swim(50 m); dive; swim underwater; 15 m whip kick on front; breaststroke arms with breathing; and swim front and back crawl 25 m...	Swimmer 5
Can do shallow dives and cannonballs; eggbeater and scissor kick; swim 50 m front and back crawl; breaststroke for 25 m; sprint 25 m; interval training 4 x 50 m...	Swimmer 6
Can do stride entries and compact jumps; legs-only surface support for 45 sec.; sprint 25 m breaststroke; swim 100 m front crawl and back crawl and 300 m workout...	Rookie Patrol (7)
Preferred successful completion - Swimmer 7 / Rookie Patrol	Ranger Patrol (8)
Preferred successful completion - Swimmer 8 / Ranger Patrol	Star Patrol (9)
Preferred successful completion - Swimmer 9 / Star Patrol	Bronze Star (10)